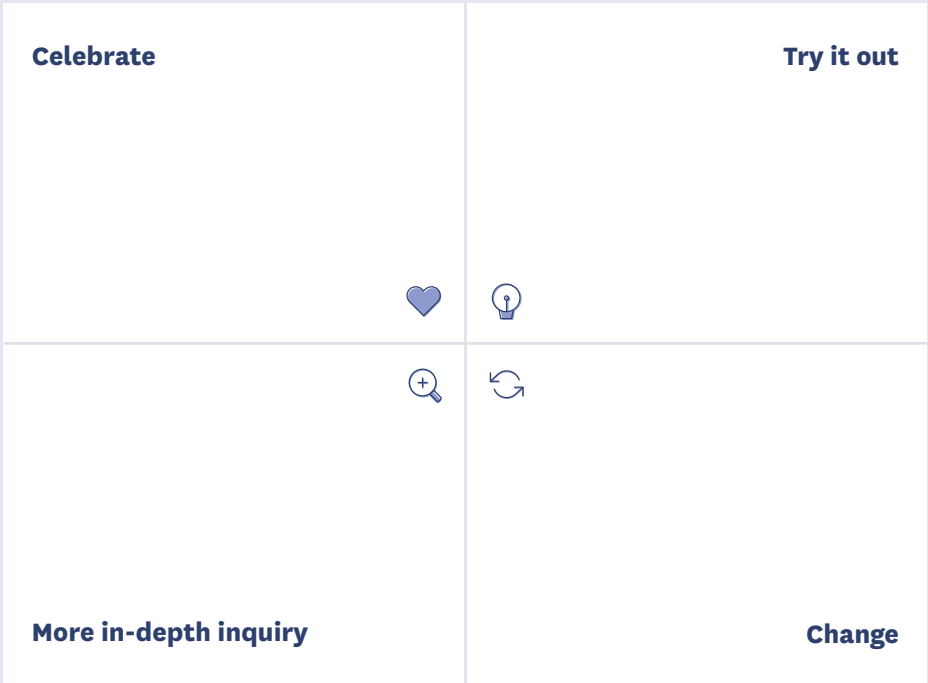# Myself and the process

Innovation processes demand a lot of us personally, especially when it comes to testing. Here we can learn to deal constructively with critical feedback.

Celebrate	Try it out
♥	💡
🔍	↻
More in-depth inquiry	Change

Based on my experience at this stage, my advice to colleagues who are planning to do something similar is as follows:

> ❝